

How audio lectures can help boost your grade

There are many ways to revise, understand and learn new material. The most common way is of course the class room setting which you are only too familiar with. After sitting in the same class over and over you may feel your mind to wonder, you have an urge to try something new.

Exploring ways to help you learn is an important process. It will serve for the rest of your life and will definitely assist you during examination periods for psychology, or even any other subject. It will save you time in the long run and prove to be effective. The only way to see if it works is of course to try it. The many different types of learning aids such as visual, written and audio should be explored and experimented with - you may find a method that works better for you than the traditional written form. However, a key point to note is whatever works for you may not work for someone else and vice versa.

Audio lectures have proven to work excellent for topics which require understanding and those which you find difficult. By listening to recorded lectures you have the ability to pause, forward, rewind and stop at any point. Furthermore, if the lecture isn't given by your main tutor/teacher, then of course you have the advantage of view the same topic from someone else's view point and perspective. You may hear it from them in way that you may not have heard it before, but this may or may not be helpful.

Check out the [massive online audio lectures](#)over at [The Psychology Forum](#) Download them free and discuss with fellow users.