

## How to use this website

The website is essentially a resource bank consisting of mainly notes for students and teachers studying or teaching the AQA B Psychology specification. The notes created on the website are notes which have primarily been used for examination revision, as they are condensed and to-the-point. In order to get the most of the information here, we recommend that you read your text book to lay the foundations of your understanding, and then read up the condensed notes from time-to-time in order to retain the core elements. Reading these notes directly may not make much sense if you fail to understand the main points raised throughout the different modules.

In addition to the notes, there are also supplementary lecture audio in for selected module topics. Although the standard of the the lecture audio is likely to exceed what is required from you in the examination, they are an excellent source to learn more about a particular area, especially if you're interested in it.

Finally, a good student is one that asks questions, so head over to [this website](#) to ask current psychology students, graduates, teachers and lectures the answers to your queries.